Firm Foundation

**The Laws of Confession**

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**Lesson Notes**

What are Laws and Confessions?

***World Definitions:***

*Confession:*

A written or spoken statement in which you say that you have done something wrong or committed a crime

*Synonyms*

[acknowledgment](http://www.merriam-webster.com/dictionary/acknowledgment) (*or* [acknowledgement](http://www.merriam-webster.com/dictionary/acknowledgement)), [admission](http://www.merriam-webster.com/dictionary/admission), [avowal](http://www.merriam-webster.com/dictionary/avowal), [concession](http://www.merriam-webster.com/dictionary/concession), [self-confession](http://www.merriam-webster.com/dictionary/self-confession)

*Antonyms*

[disavowal](http://www.merriam-webster.com/dictionary/disavowal), [non-admission](http://www.merriam-webster.com/dictionary/nonadmission)

*Laws:*

The system of rules that a particular country or community recognizes as regulating the actions of its members and may enforce by the imposition of penalties.

Physical Standpoint of a law:

Laws are predictable (Sir Isaacs Newton-Universal Law of Gravity)

**Biblical Definitions:**

*Confession:*

An open profession of faith ( [**Luke 12:8**](http://www.biblestudytools.com/luke/12-8.html)) I tell you, whoever publicly acknowledges me before others, the Son of Man will also acknowledge before the angels of God.

*Laws:*

There are hundreds of commands given to the Israelites, but the phrase "the law" refers specifically to the compilation of decrees found in the first five books of the Bible. This whole body of law was given the name Torah.

So then, the law is holy, and the commandment is holy, righteous and good. Romans 7:12(NIV)

Psalm 19:7-11 (NIV)

The **law** of the Lord is **perfect**,
refreshing the soul.
The **statutes** of the Lord are **trustworthy,**
making wise the simple.
8 The **precepts** of the Lord **are right**,
giving joy to the heart.
The **commands** of the Lord are **radiant**,
giving light to the eyes.
9 The **fear** of the Lord is **pure**,
enduring forever.
The **decrees** of the Lord are **firm,**
and all of them are **righteous**.

10 They are more precious than gold,
than much pure gold;
they are sweeter than honey,
than honey from the honeycomb.
11 By them your servant is warned;
**in keeping them there is great reward.**

**-Confessions are spoken out loud**

God spoke the whole world into existence out loud (Gen 1); Jesus calmed the storm by speaking out loud (Mark 4);

Jesus raised Lazarus from the dead by speaking out loud (John 11); Jesus told the man to pick up his mat and walk by speaking out loud (John 5:8)

So shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it. Isaiah 55:11

**Confessions are spoken boldly**

For I am the Lord; I will speak the word that I will speak, and it will be performed. It will no longer be delayed, but in your days, O rebellious house, I will speak the word and perform it, declares the Lord God.” Ezekiel 12:25

**-Confessions and Faith**

Biblical confessions are made in faith and not condemnation. Confessions without faith are dead. God is not moved by what we say; He is moved by what we believe.

Now faith is the substance of things hoped for, the evidence of things not seen. Heb. 11:1 (NKJV)

But without faith it is impossible to please God; for he that comes to God must believe that he is and that he is a rewarder of those that diligently seek him. Heb. 11:6 (Jubilee)

If you can? Said Jesus. Everything is possible for one who believes.” Mark 9:23 Jesus is saying, what do you mean “if”, this is a conditional word and it is **not** predictable. “ If” is not faith, If is unbelief.

So Jesus answered and said to them, “Have faith in God. 23 For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Mark 11:22-23

God simply wants us to say what He says, period

**-Confessions and the Heart**

The Bible makes a direct connection between your heart and your mouth. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. Romans 10:10

Our mouths open the door for us to walk into the kingdom of God.

The heart is an incubator, a receptacle that provides a controlled environment for the care, protection, growth and development of our premature and mature thoughts.

If you have a problem with complaining, it is not a problem with your mouth; if you have a problem with lying, it is not a problem with your lips, if you have a problem stealing, it is not a problem with your hands. All of these problems stem from the heart.

Wrong confession = wrong believing; wrong believing = wrong thinking; wrong thinking is the absence of a renewed mind.

Death and life *are* in the power of the tongue,
And those who love it will eat its fruit. Proverbs 18:21 NKJV

**-Principles Vs. Laws**

Principles embody vision, some aspect of the truth, and energy

Laws are an expression or manifestation and activity of that aspect of the truth which the principle presents

Principles are order

Laws are the rule of the order

Principles are essence and reality

Laws are the instrument and activity of that reality

Principles are the “thing in itself”

Laws are the impetus to it’s implementation

Principles develop in the dimensions of divine purpose and on the life side of creativity

Laws emerge in the soul, or consciousness on the mental levels, and finally take form on the objective side of manifested life

Principles and laws encourage us to move beyond the goal we have already attained.

**-The Power of Confessions**

Confessions dispel fear

Confessions increase faith

Confessions are faith’s way of expressing itself

Confessions of faith create reality

Confessions and laws and are predictable

Peter and the apostles while in “earth school” were completely astonished when Jesus almost sunk their fishing boat by speaking; when Jesus stopped the storm by speaking and when Jesus dried up the fig tree by speaking. Note that Jesus was not astonished because knew that laws are all powerful therefore they are predictable.

We have to get to a place where if we speak it, we will no longer be astonished when we see the manifestation. (Hebrews 1:2) Jesus is the lawful owner of everything and we are joint heirs. Predictable!

Confessing God’s Word is so powerful because every time we hear ourselves speaking, we are actually planting faith in our hearts. The more we become established on the Word of God through speaking it on a consistent basis, the more our faith will grow. Faith when acted on will always produce the desired results.

Firm Foundation Class

Fundamentals of Faith

**“The Laws of Confession”**

March 1, 2015

*Lighthouse Life Feeder: Lynn Ferrell*

**What are Laws and Confessions?**

There are numerous definitions of “laws” depending on context. In the physical sense, a law is a principle based on predictable circumstances of an act. It works the same way every time. It is predictable. Sir Isaac Newton is known for his formula on the law of gravity. He came up with a way to calculate how long it would take a 2 pound stone that was dropped from a 15 story building, to hit the ground. No matter how many times the stone was dropped from that vantage point, the same results occurred. Predictable!

Biblical Laws are directives and decrees from God that pave the road for us to unleash the authority to obtain His promises. The laws of God are given for our benefit to show us how to become more like Him. God’s laws are the rules of the Kingdom of God and His way of life, and they are divine and perfect in intent, equity and administration. Predictable!

King David said, “The law of the LORD is perfect, converting the soul,” and he went on to describe the beauty and benefits of God’s testimonies, statutes, commandments, judgments and various aspects of biblical law (Psalm 19:7-11).

“Confessions” are laws. When we confess, we tapped into and access the promises of God. When we confess, we affirm the power within us to obtain the promises of God. Our words are spiritual capsules that are time released when they leave our mouths. Everything that comes from our mouth activates spiritual forces that affect our lives. If we want what God has, we have to be mindful to say what God said in His Word.

**Confessions must be spoken Out Loud**

Why? Our words create images and images create frames in our hearts that hold pictures for us to refer to throughout our lives. Our confessions are effective “out loud” because we have competing forces (fear, doubt) that try to drown out the promises of God. We cancel the reoccurring appointments the enemy places on our calendars when we **boldly** confess and believe God’s Word. The enemy has all kinds of evil agents and distractions that are designed to wear us down to a “quitting” spirit which puts us in a position for self-destruction.

We have an impenetrable weapon, the Name of Jesus and the Word of God. God is our perfect example of how to manifest things in the natural. God created the entire world by speaking it out loud. (Genesis1). Whatever He spoke it came to pass. Jesus calmed the storm by speaking out loud (Mark 4); Jesus raised Lazarus from the dead by speaking out loud (John 11); Jesus told the man to pick up his mat and walk by speaking out loud (John 5:8)

**Confessions are Ignited by Faith**

God is not moved by what we say; He is moved by what we believe. Faith is the centrifugal force that must be in operation in order for our confessions to manifest in our hearts and be predictable. Faith is the belief that God is real and that God is good. It is a choice to believe that the One who made it all hasn’t left it all and that He still sends light into the shadows and responds when we call in Faith. (Hebrews 11:1);

Faith is confessing that God will do what is right no matter what the situation looks like. The more hopeless your circumstances, the more likely you are to believe in your salvation. The greater your cares, the more genuine your prayers. God’s help is near and always available, but it is only given to those who SEEK it in FAITH. (Hebrews 11:6)

The same creative power that God possesses has been invested in us. We have the ability to speak thing into existence just like God did. When Jesus walked on the earth, He imitated His father. We only need one example to believe. As imitators of Christ we can see the same results as Jesus. When we speak His Words, we release His creative ability into the earth, and something always happens. Mark 11:22-23

**Confessions Are A “Heart” Matter**

The heart is the prerequisite that solidifies our confessions to supernaturally impact our lives. One believes with the heart, resulting in righteousness and one confesses with the mouth, resulting in salvation. (Romans 10:10)

Many believers cancel out their confessions by speaking unbelief and doubt out loud and quietly confessing prayers. Why? Because they do not truly believe that God will do for them what they ask. They believe that He can, but many are not convinced that God will.

The words we speak don’t have the weight and value they are supposed to have. [He drives me crazy… my head is killing me. I am dying to see that movie.] When we truly understand the power of our words, we will reevaluate and value what we speak. (Proverbs 18:21).

The heart is an incubator, a receptacle that provides a controlled environment for the care, protection, growth and development of our premature and mature thoughts.

If you have a problem with complaining, it is not a problem with your mouth; if you have a problem with lying, it is not a problem with your lips, if you have a problem stealing, it is not a problem with your hands. All of these problems stem from the heart.

**Our mouths identify what is in our hearts**-(*Mark 12:33) Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit.*

Does your mouth identify you as an encourager? Would it identify you as someone who is in love with Jesus and people? Or would it identify you as someone who knows the Word of God?

**Our mouths reveal what is in our hearts***-(Mark 12:34-35) For out of the overflow of the heart the mouth speaks. 35 The good man brings good things out of the good stored up in him, and the evil man brings evil things out of the evil stored up in him.”*

If your heart is filled with good, your mouth reflects that. If it’s filled with bad, your mouth reflects that. It’s pretty simple.

**Our mouths will be judged** – *Mark 12:36-37) But I tell you that men will have to give account on the day of judgment for every careless word they have spoken. 37 For by your words you will be acquitted, and by your words you will be condemned."*

Words are better indicators of a person’s true character than his or her carefully planned and prepared statements and speeches

Words not only identify, reveal and judge your character; they also reveal your salvation.

**Principles of the Laws of Confession**

Principles: a fundamental truth or proposition that serves as the foundation for a system of belief or behavior.

God's principles of faith and confession unlock the supernatural to work for you! His spiritual, physical and financial provision is available to every believer, but you must understand the methods God has set in motion for your success. Words are Spirit; when spoken they are given life. Confessing what God said in His Word out of a heart full of faith will bring God's supernatural intervention. The laws of the natural are governed by higher spiritual laws. Confessions require our lifestyles to be in Line with the Word of God. The balance of faith and confession working together is essential for living the abundant life that God has promised.

**The Power of Confessions**

Confessions are laws! Laws are predictable!

Confessions dispel Fear

Confessions increase Faith

Confessions of Faith create reality

Confessions are predictable.

We are in a season of teaching and teaching is designed to give us understanding. When we have understanding we do not fear. When we have understanding of God’s Word, we are not surprised or astonished when we speak and that which we speak (out loud) comes to pass.